

A guide for volunteering out

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"Preserving Paradise: Opportunities in Volunteering for Hawaii's Environment." by Kirsten Whatley. Island Heritage. \$9.95.

Ever since humans have been in Kona, Kahaluu Bay has been a community focal point. Its fertile soils and water supply once supported a major village of Native Hawaiians, and today snorkeling and surfing attract 400,000 users a year.

Over the years, however, this cultural, natural and social landmark has suffered from heavy usage. Not only was the marine environment threatened, but a beach area favored by locals and visitors was falling into disrepair.

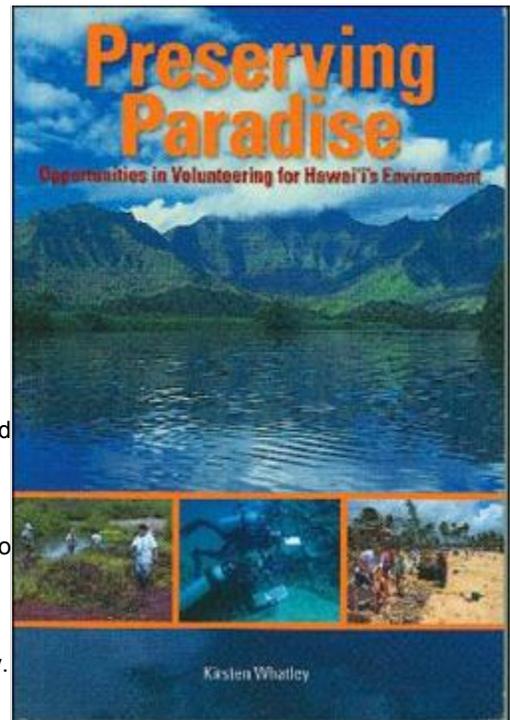
Those who care about Kahaluu, however, are empowered through education to care for the environment and have pitched in to save it from continued deterioration.

The ReefTeach program has changed behavior of beachgoers at Kahaluu Bay. People learn to care for the environment while enjoying the bay. Studies show that when beachgoers are educated by one of the more than 200 volunteers, their behaviors change in positive ways.

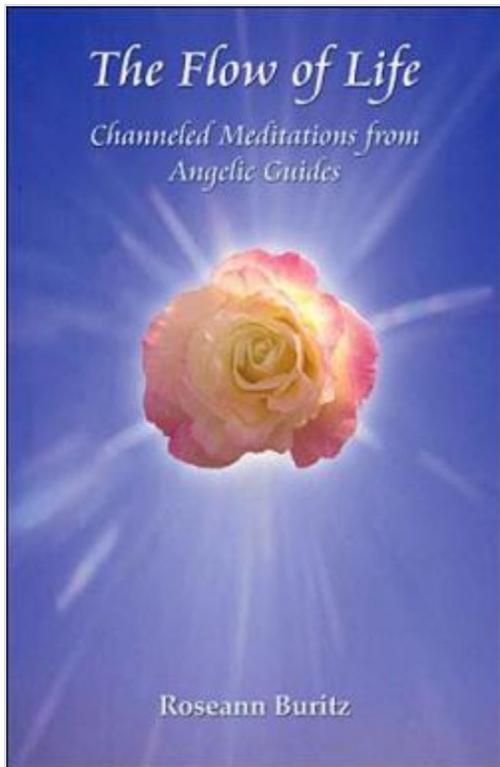
More than three dozen community businesses support the Kahaluu Bay Project, some even paying their employees to participate in ReefTeach through the project's Adopt-a-Day program, an exception example of believing in the environment as a vital economic asset. Two businesses have even sent 20 of their employees to a Train the Trainers program. Those employees are now teaching guests at their businesses how to enjoy the bay, while protecting it.

This public outreach effort is rapidly converting into an ecosystem health project, which furthers our understanding of the connection of terrestrial and ocean environments through monitoring the near shore environment of Kahaluu Bay.

The Kahaluu project is one of many environmental projects listed in "Preserving Paradise," a guide by Kirsten Whatley to volunteering for Hawaii's environment. The 164-page guide invites readers to work alongside those who have dedicated themselves to malama the aina.



"Preserving Paradise: Opportunities in Volunteering for Hawaii's Environment." by Kirsten Whatley.



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"The Flow of Life: Channeled Meditations from Angelic Guides." By Roseann Buritz.

"Who are the Guides?" said Buritz. "I know them to be a happy group of angelic beings, working nondenominationally with all humanity. My experience with the Guides throughout my lifetime has been one of unconditional love, uplifting and acceptance. The Guides offer us access to the deep knowledge that leads us to the fulfillment of our destinies."

"Preserving Paradise" includes the ReefTeach program at Kahaluu as one of 14 Hawaii Island volunteer opportunities, describing ReefTeach as the "volunteer program facilitated by The Kohala Center to help people protect Hawaii's coral reefs." Currently more than 200 volunteers ReefTeach residents and visitors to care for the environment while enjoying the popular surfing and snorkeling bay.

"The Flow of Life: Channeled Meditations from Angelic Guides.By Roseann Buritz. Transparent Publishing. \$16.

"The Flow of Life" is a call to live a free and honest existence. Beginning with an explanation of the relationship possible for every human being with the spiritual world, the revealed discourses gives readers a way to explore their psychology to bring up to date the creative memories and conclusions they hold there.

"The Angelic Guides tell us we are inherently free beings living behind a veil of memories," said author Roseann Buritz. "In the text, the Guides give us the tools to perceive our learned behavior, developing understanding and disconcertment, enabling us to choose our response to the present moment."

Buritz said there is a pervading truth to life that each person knows. "Our destinies are unique and so is our path to God," she said. "The Guides remind us what we already know, encouraging us to live in optimum grace and connection."

In the Light Meditations, the nurturing, enlightening connection with the spiritual world is experienced. A short time being held in the arms of the Holy Mother and Father is a confirmation of faith.